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| **Tiger Taekwon-Do Service and Contribution Badge** | | | | | |
| **☞ Guidelines and log sheet for students who are working toward earning a Service and Contribution Badge.**   * Badges are awarded after 10 weeks of service or contribution that benefits the club. * Activities can be recorded across multiple terms. * More than one activity can be recorded in any one week. * Record on the log sheet what action you took that was of service or contributed to the club. * Identify which Tenet your action was linked to and ask Mr Lowe to initial it. * Check with Mr Lowe if you’d like to do something that is not on this list. | | | A tiger face embroidered on a white background  AI-generated content may be incorrect. | | |
| **What Counts as Service?**  **☞ Usually means doing things that help the club run smoothly, or acting for the benefit of others–often one-off, small everyday acts.**  Here are some examples grouped under the Tenets of Taekwon-Do.  **Courtesy**   * I can greet new students and parents with a smile, and introduce them to Mr Lowe. * I can help set up or pack down the dojang. * I can offer to partner with someone who looks shy or new.   **Integrity**   * I can return borrowed gear straight away. * I can hand in lost property. * I can do drills correctly, not the quick way.   **Perseverance**   * I can encourage a classmate when they find something hard. * I can keep going in drills, even when I feel tired. * I can help younger kids stay focused.   **Self-Control**   * I can control my power to keep partners safe. * I can watch and listen to the kaiako without distraction. * I can stay calm if I make a mistake.   **Indomitable Spirit**   * I can help at gradings, tournaments, or demos. * I can lead a warm-up when asked. * I can volunteer to demonstrate, even if I’m nervous. | | | **What Counts as Contribution?**  **☞ Adding extra value to the club’s success, image and spirit–often visible, public or sustained efforts.**  Activities can be the same as service activities, but continued over a longer period of time.  Examples:   * I regularly teach a class. * I regularly take a warm-up. | | |
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| **Week** | **Tenet** | **What I Did** | | **Kaiako Initial** |
| **1** |  |  | |  |
| **2** |  |  | |  |
| **3** |  |  | |  |
| **4** |  |  | |  |
| **5** |  |  | |  |
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| **10** |  |  | |  |
| **11** |  |  | |  |
| **Kaiako signature** |  |  | |  |